

Please review the following rules with your child. Please sign and return so we know your family understands the rules. For future reference, playground rules are available on the website at <http://www.forestranchcharter.org/board-policies.html> .

Lunch and Playground Rules

Everyone on the playground must be safe, responsible and respectful at all times.

1. Students should use courteous behavior in the lunch line at all times.
2. Students must sit for 5 minutes to eat lunch before being excused.
3. Students should raise hand and wait for a Yard Duty to excuse them from lunch. When excused they should bus tray and all garbage/recycling.
4. When you are excused to play you may play an organized game, hang out with friends or on your own. Sometimes we will have a special area for games, arts and crafts activities.
5. In line with our positive philosophy, games/activities will be open to all students. If there are limited spots, students will either wait in line or enter their name on a waiting list. Students who engage in verbal or physical threats will lose privileges and/or be sent to the office for further intervention.
6. Bullying another child by using put downs, asking other children not to play with them, making threats to their physical body or physically hurting them is never okay. There will be consequences for being mean to other children. You can be suspended without a warning for threatening or physically harming another child. This includes saying things like I am going to kill you and/or hitting, pushing, kicking, and biting.
7. Students must follow all posted game rules unless they appeal to Student Council for an alteration. We are working to create a positive campus and we often see game rules changed for the purpose of exclusion or retribution. The posted rules were developed by students and Yard Duties.
8. If you need help or someone else needs help ask a yard duty. If you are frustrated with someone else or something that is happening a positive way to deal with that (rather than yelling at someone or tattling) would be to say "I need help!", I am having a problem with..." and let them in a kind way, know what the problem is.
9. When the Yard Duty blows the whistle or calls for a freeze all students should stop what they are doing and freeze in an "active listening position".
10. Good sportsmanship is required at all times to participate in playground games and activities.
11. Student should slide feet first and one student at a time. No climbing up the slide. There should be at least two steps between students climbing up

12. Students should only climb equipment they can get up and down from by themselves. "Boosts" onto monkey bars are fine as long as they are hanging down.
13. No ropes and hula hoops in the rock box, they should be used for jump rope or authorized games only. We want to keep everyone safe.
14. Students should play in designated areas only. Yard Duties will let them know which areas are available at the beginning of recess or lunch. Available area is dependent on staffing, weather and activities being offered that day. Students who are unable to stay in designated areas will be limited to blacktop/rock box or excused to the office.
15. Students must inform a Yard Duty or "on duty" teacher when leaving the yard for any reason.
16. Sticks and rocks can be used to build. Sticks and rocks can only be moved around with the yard duties permission and may not be thrown or used as a weapon at any time.
17. Students are responsible for cleaning up all trash and putting away any equipment used, in order to maintain equipment privileges.
18. The whistle will be blown 5 minutes before recess/lunch is over. At this time all students must stop playing and use the bathrooms, get drinks or continue cleanup.

Please detach, sign and return

Parent/Guardian signature: _____

Student Signature: _____